

75 Centennaire Drive, Southport, MB ROH 1N1 | Tel: (204) 428-6050 | recreation@southport.ca

# Release of Liability Waiver, Waiver of Claims, Assumption of Risk and Indemnity

All waivers must be signed and filled out completely in order to climb.

#### Instructions:

- Please take the time to read and understand the content on the waiver form before signing.
- Participants under the age of 18 must have the waiver filled out and signed by a parent or legal guardian.
- Forms signed by anyone other than the participant's parent or legal guardian will not be accepted.
- Incomplete, unsigned, or fraudulent forms will not be accepted.

To: Southport Aerospace Inc. ("the Company") and its directors, officers, employees, representatives, and agents (collectively called "the Agents"):

I agree as precondition to my participation in all events organized by "the Company" and/or "the Agents" including but not limited to indoor rock climbing (referred to as "the Activities") and in further consideration of "the Company" allowing me to do so, that I will strictly be bound by the terms of this Release of Liability, Waiver of Claims, Assumption of Risk and Indemnity Agreement ("the Agreement").

I acknowledge that "the Activities" involve inherent risk and dangers that may cause serious injury and possible death to participants.

I fully understand the risk sand dangers associated with my participation in "the Activities" and accept same entirely at my own risk.

I agree to abide by the rules and policies outlined in my orientation and posted within the Company's facility hereby waive any and all claims which I may have against "the Company" and "the Agents" and release "the Company" and "the Agents" from all liability for injury, death, property damage or any other loss sustained by me as a result of my participation in "the Activities", due to any cause whatsoever, including negligence, breach of contract, or breach of any statutory or other duty of care by "the Company" and/ or "the Agents".

I appreciate that "the Agreement" limits the liability of "the Agents" to the same extent as it limits the liability of "the Company", even though "the Agents" are not formal parties to "the Agreement". I certify that I am at least 18 years of age and legally competent to sign this agreement.

I have had sufficient opportunity to read "the Agreement".

I have read and understood "the Agreement", and I agree to be bound by its terms.

Name of Climber(s):				
Signature:		Date:		
Signature of Parent or Legal Guardian:				
Emergency Contact Information				
Name:		Relation:		
Address:		Telephone:		



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# **Bouldering and Autobelay Safety Procedures**

Name:

## PRE-CLIMB PROCEDURE

- Crash Pad Placement: Ensure the crash pad is in the proper location. (Ask staff for assistance if needed.)
  - Analyze where you will land, not just where you start, and position the crash pad accordingly.
  - CRASH PAD MUST BE USED AT ALL TIMES.
- Spotter Positioning:
  - Spotters are recommended for young or inexperienced climbers but are not required.
  - Spotters should outweigh the climber and stand where the climber prefers.
  - Spotters do not catch climbers—they help mitigate bad falls by guiding the climber into a safer landing.
- Clear Your Fall Zone: Ensure your entire landing area is free from obstructions and people.

### **ASCENDING PROCEDURE**

- Practice falling from lower heights before climbing to the top.
- Plan your falls—you will fall at some point, so be prepared.
  - Make climbing moves while anticipating potential falls.
- The top of each route is marked by a colored box—you may tag, grab, or hold onto this point.
  - DO NOT CLIMB PAST THIS POINT.

### DESCENDING PROCEDURE

- Before descending, check that your fall zone is clear.
- You may fall onto the crash pad—be aware of the risks of different fall techniques.
- Alternatively, climb down slightly before dropping onto the crash pad for a safer landing.

### RISKS OF BOULDERING

- Injuries from falls can range from minor to severe.
- Commonly affected areas:
  - o Ankles, lower leg bones, wrists, knees, head.
  - Possible injuries: Sprains, fractures, tears, concussions, etc.

# OTHER IMPORTANT RULES

- Report any hazards to staff immediately.
- Do not hesitate to stop a dangerous situation.
- Staff reserves the right to remove individuals demonstrating unsafe behavior in the climbing area and, if necessary, ban them from the facility.

## PRE-CLIMB PROCEDURE

- Harness Check: Perform a Pull Test (pull down to ensure the harness does not fall past your hips) and confirm all straps are tight.
- Pull a short section of the rope down and allow it to retract.
  - If the device fails to retract, contact a staff member immediately.
  - NEVER CLIMB A SLACK ROPE.
- Remove the carabiner from the belay gate and attach it to the proper location on the harness (belay loop).
- Check that the carabiner latch gate is closed (Pinch Test).

### ASCENDING PROCEDURE

- Ascend a small section of the wall and descend to familiarize yourself with the device.
- If the rope gets caught on a hold during the climb, stop climbing immediately. Fix or descend.
- Do not touch or re-adjust the harness or carabiner while on the wall.

### **DESCENT PROCEDURE**

- Before descending, ensure the landing area is clear. Both climbers and bystanders are responsible for avoiding collisions.
- Always descend feet first.
- Lean back and put full weight on the device, walking down the wall.

### RISKS OF AUTOBELAY USE

- Not Clipping In → Always perform a buddy check.
- User Error
  - No descending from above or beside the device.
  - Routes directly below or adjacent to the AutoBelay Device are climbable.

### WEIGHT RESTRICTION

- 35 lbs 310 lbs
- Designed for 1 person at a time.

By signing below, I confirm that I have been oriented and agree to adhere to all bouldering procedures and safety precautions

User Signature:	
Date:	